

**Hooves for the Heart, LLC**  
**PO Box 5344**  
**Eagle, CO 81631**  
**970.524.8724**  
**Fax 970.524.4114**

**Rider's Health Form**

Please print clearly. All information is confidential.

Date \_\_\_\_\_

Dear Health Care Provider:

Your patient \_\_\_\_\_ DOB \_\_\_\_\_ Sex \_\_\_\_\_

(participant's name)

is interested in participating in supervised equine activities. In order to safely provide this service, our center requests that you complete/update the following Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note whether these conditions are present and to what degree.

**Orthopedic:** Atlantoaxial Instability (include neurological symptoms), Coxa Arthrosis, Cranial Deficits, Heterotopic Ossification/ Myositis Ossification, Joint Subluxation/ Dislocation, Osteoporosis, Pathologic Fractures, Spinal Fusion/ Fixation, Spinal Instability/ Abnormalities.

**Neurological:** Hydrocephalus, Shunt, Seizure, Spina Bifida, Chiari II Malformation, Tethered Cord, Hydromyelia.

**Medical/ Psychological:** Allergies, Animal Abuse, Physical, Sexual or Emotional Abuse, Blood Pressure Control, Dangerous to Self or Others, Exacerbations of Medical Conditions, Fire Setting, Heart Conditions, Hemophilia, Medical Instability, Migraines, PVD, Respiratory Compromise, Recent Surgeries, Substance Abuse, Thought Control Disorders, Weight Control Disorder.

**Other:** Under 4 years old, Indwelling Catheters, Medications, Photosensitivity, Poor endurance, Skin Breakdown.

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine activities, please feel free to contact us. Happy Trails!

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**Participant's Medical History and Physician's Statement**

Please print clearly. All information is confidential.

Date \_\_\_\_\_

Client's Name \_\_\_\_\_ DOB \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Mailing address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Diagnosis \_\_\_\_\_ Date of Onset \_\_\_\_\_

Past/Prospective Surgeries \_\_\_\_\_  
\_\_\_\_\_

Medications \_\_\_\_\_  
\_\_\_\_\_

Seizure Type \_\_\_\_\_ Controlled Y N Date of Last Seizure \_\_\_\_\_

Do you use any medical devices currently? \_\_\_\_\_

Special Precautions/ Needs \_\_\_\_\_

Independent Ambulation Y N      Assisted Ambulation Y N      Wheelchair Y N

(For Down Syndrome) AtlantoDens Interval X-ray Date \_\_\_\_\_ Result + -

To my knowledge, there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the riding program will weigh the medical information above against the existing

precautions and contraindications. I concur with a review of this person's abilities/ limitations in the implementation of an effective equine activity program.

Name \_\_\_\_\_ MD DO NP PA Other \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

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Phone \_\_\_\_\_ License/UPIN Number \_\_\_\_\_

Please comment on current or past special needs in the following areas:

Auditory	Visual	Tactile Sensation	Circulatory	Muscular
Speech	Cardiac	Integumentary/ Skin	Immunity	Balance
Pulmonary	Neurologic	Orthopedic	Learning Disabilities	Allergies
Cognitive	Emotional Balance	Psychological Stability	Other	